

Q. How is the nervous system connected to my health?

The nervous system controls and regulates all functions of the body (that means everything!). It is imperative that nerves are not choked as they exit the spine to reach the rest of the body.

If the nervous system is compromised it will affect your over all health and eventually lead to pain at some time down the track.

Each muscle has its own unique nerve supply, so a weakness of a particular muscle allows us to track back to the actual level of the spine affected, indicating just where we need to correct it. In addition, each muscle shares the same nerve supply with certain organs, so this allows us to track organ health via muscle testing.

Fortunately, muscle weakness presents well before pain, so as a preventative method muscle testing is excellent, and most importantly accurate in locating the source of the problem. Muscle testing methods continue to developed and expand allowing us to help and solve previously stubborn or persistent problems.

As part of our commitment to you, we attend seminars regularly, which enables us to keep up with current research and new treatment protocols. Naturally we incorporate these new developments in our practice to assist patients to the best of our ability.

If you think you could benefit from Chiropractic care then ask your GP to refer you to a Chiropractor.

Our Chiropractors are registered providers for the following government schemes that we currently bulk bill:

Medicare

Workcover

Transport Accident

Department of Veteran Affairs

For Private Health Insurance, you only have to pay the gap as we supply on the spot electronic claiming facilities (HICAPS) at the clinic.

NB: You can consult a Chiropractor in private practice **without a referral from you GP**, and the majority of **X-rays** requested by our Chiropractors are **bulk billed** at local radiological centers.

www.brunswickhealth.com.au

**CAN I GET A
MEDICARE
REBATE FOR
CHIROPRACTIC?**



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Q. Can I get a Medicare Rebate for Chiropractic?

You can now qualify to receive a Medicare rebate for Chiropractic. It is possible for people with chronic conditions and complex care needs to **receive a Medicare rebate for up to five (5) Chiropractic visits per calendar year.**

Q. Who is eligible?

To be eligible for a Medicare rebate, you need to be placed on an **Enhanced Primary Care (EPC) multi disciplinary care plan by you GP**, and referred to your Chiropractor.

Q. How do I get placed on an EPC plan?

If you think you are eligible then you can discuss this with your GP and ask them to prepare an **EPC** care plan for you. If your GP agrees that you would benefit from an EPC referral then your **GP must complete both 721 & 723 Medicare forms and lodge these with Medicare as well as provide a copy to our clinic, otherwise you will not be eligible for the Medicare EPC rebates. The process takes approximately 2 weeks from the date your GP lodges the forms with Medicare.**

Q. Can I use my private health insurance cover in conjunction with EPC?

You need to decide if you are going to use your Medicare rebate or your private health insurance rebate as you **can not claim from both for the same consultation** . Once you have claimed all your Medicare rebates you can then claim any further consultations through your private health insurance.

Q. What is meant by chronic conditions and complex care needs?

Chronic conditions are defined as **conditions which have been, or are likely to be, present for six (6) months or more.**

Complex care needs means that, in your GP's opinion, **you would benefit from care provided by a range of health professionals**, who provide different services to doctors.

Q. Once I'm on an EPC care plan, how do I get my Medicare rebate?

In order to receive your Medicare rebate for Chiropractic, Medicare needs to have received and processed the 721 & 723 forms your GP sent to them. Once this has been confirmed with Medicare we can bulk bill (at no charge to you) **a maximum of 5 EPC visits every calendar year . Any appointments prior to this confirmation must be paid in full by yourself on the day of service as Medicare will not pay for these visits.**

Q. I have already used my 5 EPC entitlements this year?

Currently you are only eligible for 5 EPC visits each calendar year hence you will need to wait until January the following year, to reapply for a further 5 EPC visits. You can still continue treatment at our clinic however you will need to pay for your visits on the day the service is provided. If you don't use your 5 visits each year you will forfeit them.

721 is a "Preparation Of Management Care Plan"
723 is a "Coordination Of Team Care Arrangements"

Q. I'm not sure if I have used my EPC entitlements this year?

If you have seen any other Health Practitioners **other than your GP** and have been asked to sign a Medicare payment voucher or used your Medicare Card for any reimbursements at a Medicare outlet, then chances are you have used part or all of your EPC entitlements. **You can call Medicare on 132 150 to check how many visits you are entitled to receive each year. It is your responsibility not to exceed your EPC visits if you do not wish to pay for Chiropractic services. If for any reason your EPC is rejected or you have unknowingly exceeded your approved visits, you will be responsible to pay for your Chiropractic visits.**

Q. What is different about Chiropractic?

Chiropractic is the world's largest non-surgical, non-drug prescribing, primary contact health care profession. It is a natural approach to health, based on the relationship between your spine and your nervous system.

Q. What is different about the Chiropractors at Brunswick Health?

Our Chiropractors use extensive and specific muscle testing to diagnosis if your nervous system is encroached upon when it exits from your spine. As these nerves are crucial for the state of all your muscles, organs etc... when corrected, can help you obtain optimal health.